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| |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **Nieuw** **Themadag Psychofarmaca en gestoorde slaap**: ***Achtergronden & praktijk*** | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | |  | |  |  | | --- | --- | | |  | | --- | | "Slaapproblemen verlagen de kwaliteit van leven en verhogen de kans op suïcide. Insomnie, evenals andere slaapsstoornissen, vormt een voedingsbodem voor de ontwikkeling van en terugval in psychiatrische ziekten" - dr. Marike Lancel, Psyfar 2016-3 | | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | Gestoorde slaap is een belangrijk thema binnen de psychiatrie. Actueel onderzoek toont aan dat slaapproblemen psychiatrische ziektebeelden in de hand werken of het herstel laten stagneren. Kennis over slaapstoornissen en behandelopties is dus van groot belang. Dit bracht een team van aansprekende behandelaars en wetenschappers binnen dit aandachtsgebied tot de ontwikkeling van de Psyfar themadag [Psychofarmaca en gestoorde slaap](https://www.psyfar.nl/cursussen/cursussen_item/t/themadag_psychofarmaca_en_gestoorde_slaap). Laat u bijpraten over de nieuwste inzichten en krijg handvatten voor de behandeling van slaapstoornissen in de praktijk. | | |  |  |  | | --- | --- | | |  | | --- | | [lees meer](https://www.psyfar.nl/cursussen/cursussen_item/t/themadag_psychofarmaca_en_gestoorde_slaap) | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | We starten met drie plenaire sessies, onder andere over slaap-waak regulatie en slaapstoornissen als parasomnie en hypersomnie van experts als [dr. Marike Lancel](https://www.psyfar.nl/cursussen/cursussen_spreker/t/m_marike_lancel/a/themadag_psychofarmaca_en_gestoorde_slaap) en [dr. Hans Hamburger](https://www.psyfar.nl/cursussen/cursussen_spreker/t/h_l_hans_hamburger/a/themadag_psychofarmaca_en_gestoorde_slaap). Daarna kunt u kiezen uit vier praktijkgerichte workshops (twee rondes): | | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | |  | |  |  | | --- | --- | | |  | | --- | | **Workshop 1** |  [Effecten van psychofarmaca op de slaap](https://www.psyfar.nl/cursussen/cursussen_item/t/themadag_psychofarmaca_en_gestoorde_slaap)  |  [drs. R.J. Hanhart](https://www.psyfar.nl/cursussen/cursussen_spreker/t/r_j_ronald_jan_hanhart/a/themadag_psychofarmaca_en_gestoorde_slaap) **Workshop 2**  |  [Slaapstoornissen bij PTSS: een vicieuze cirkel](https://www.psyfar.nl/cursussen/cursussen_item/t/themadag_psychofarmaca_en_gestoorde_slaap) |  [dr. S. van Liempt](https://www.psyfar.nl/cursussen/cursussen_spreker/t/s_saskia_van_liempt/a/themadag_psychofarmaca_en_gestoorde_slaap) **Workshop 3** |  [Slaapstoornissen bij verslaving](https://www.psyfar.nl/cursussen/cursussen_item/t/themadag_psychofarmaca_en_gestoorde_slaap)  |  [drs. E.H.B. van Paassen-Magnée](https://www.psyfar.nl/cursussen/cursussen_spreker/t/e_h_b_ellis_van_paassen_magnee/a/themadag_psychofarmaca_en_gestoorde_slaap) **Workshop 4** |  [Slaapstoornissen bij ouderen](https://www.psyfar.nl/cursussen/cursussen_item/t/themadag_psychofarmaca_en_gestoorde_slaap)  |  [drs. K.E. Schreuder](https://www.psyfar.nl/cursussen/cursussen_spreker/t/k_e_karel_schreuder/a/themadag_psychofarmaca_en_gestoorde_slaap) | | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | De themadag Psychofarmaca en gestoorde slaap is door de NVvP en de NVZA geaccrediteerd voor 5 nascholingspunten.  Graag tot ziens op 24 november! | | |  |  |  | | --- | --- | | |  | | --- | | [schrijf u in](https://www.psyfar.nl/cursussen/cursussen_inschrijven/t/themadag_psychofarmaca_en_gestoorde_slaap) | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | [http://cdn-images.mailchimp.com/icons/social-block-v2/gray-facebook-48.png](https://www.facebook.com/Psyfar) | [like Psyfar op Facebook](https://www.facebook.com/Psyfar) | | | | |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | [http://cdn-images.mailchimp.com/icons/social-block-v2/gray-twitter-48.png](https://twitter.com/PsyfarNL) | [volg Psyfar op Twitter](https://twitter.com/PsyfarNL) | | | | |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | [http://cdn-images.mailchimp.com/icons/social-block-v2/gray-link-48.png](http://www.psyfar.nl/) | [bezoek de website](http://www.psyfar.nl) | | | | | | | |  |  |  | | --- | --- | | |  | | --- | |  | | | |